

blue[®]m

Chronic gingivitis: Initial therapy supported with blue[®]m toothpaste and mouthwash.

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case report

Irfan Abas, MSc.

2008 University of Amsterdam: graduated dentist

2014 Radboud University Nijmegen: specialist in Reconstructive Dentistry
2015 Specialist in Restorative Dentistry (NVvRT)

2016 European Specialist in Prosthodontics (EPA)

2016 MINEC Knight MegaGen Benelux

2017 Editor for Dental Magazine TandartsPraktijk Springer Media

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Irfan owns a private practice specialized in Oral Implantology & Restorative Dentistry (www.tandartsabas.nl)



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case report

Patient with severe gingivitis for more than two years after the placement of multiple crowns by his previous dentist.

Initial therapy is done (dental prophylaxis) and the patient is instructed to brush and rinse daily with blue®m toothpaste and mouthwash.



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case report



After two weeks of daily brushing and rinsing with blue®m

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case report

Periodontal evaluation



Initial situation



After initial periodontal therapy,
oral hygiene reinforcement,
blue®m mouthwash and
toothpaste



After plastic periodontal
surgery, healing reinforced
with blue®m mouthwash