

Directive implantology

Directive for the use of blue[®]m before and after implant placement

Preparation:

• Start 2-4 weeks before surgery with blue®m mouthwash, twice daily for 1 minute and brush with blue®m toothpaste (for optimal condition of the oral mucosa).

Premium option: start 4 weeks before treatment with blue®m teeth & bone formula: 3x 1 capsule daily*.

Therapy:

 After placing the implant apply a generous amount of blue[®]m oral gel around the implant using a pre-filled 3ml syringe and leave the gel in place as long as possible.

Postoperative instructions for patient home care:

- 1. Brush twice daily with blue®m fluoride free toothpaste (permanent use) and the blue®m ultra soft surgical toothbrush for 4 weeks to irritate the treated area in the mouth as little as possible.
- 2. Rinse four times daily for 1 minute with blue®m oxygen fluid for 4 weeks, then continue to use blue®m mouthwash twice daily for 1 minute (permanent use).
- 3. Apply blue®m oral gel from the 15ml tube twice daily during 4 weeks around the implant and leave in place as long as possible.

Premium option: use blue®m teeth & bone formula up to 6 weeks after surgery in the commenced dosing 3x 1 capsule daily, then switch to a maintenance dose of 2x 1 capsule daily* (lifelong) for optimal maintenance of the implant.

* = Dosage for adults